

# Head Armor Pro Team 101

S. Devulapalli, A. Dolisca, C. Hollis, R. Stroth, M. Valachovic

-

Design Review #5

#### **Team Introduction**





Anghea Dolisca Biomedical Engineer



Mechanical Engineer



**Riley Stroth** Mechanical Engineer



Maddie Valachovic **Biomedical Engineer** 



**Connor Hollis** 

## **Sponsor and Advisors**

#### DEPARTMENT OF CHEMICAL & BIOMEDICAL ENGINEERING





Project Supervisor Dr. Stephen Arce



Project Coordinator Dr. Shayne McConomy



Academic Advisor Emily Thiel



# **Project Objective**

The objective of this project is to design a device that will reduce the risk of concussions for athletes across all sports, with a specific focus on football players.



## **Background Overview**



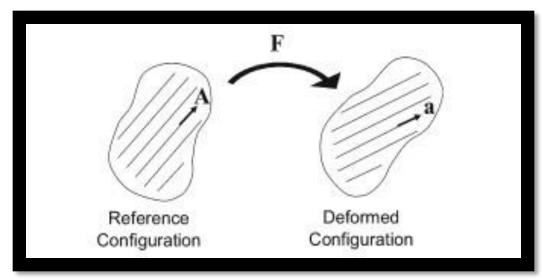
Connor Hollis



## **Stress-Strain vs. Cavitation**

#### **Stress-Strain Theory**

- Forces deform brain cells.
- Disrupts biochemical process.

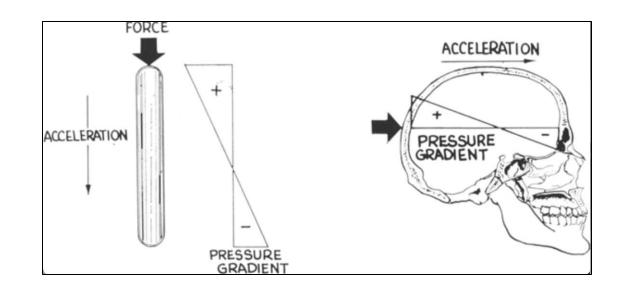




## **Stress-Strain vs. Cavitation**

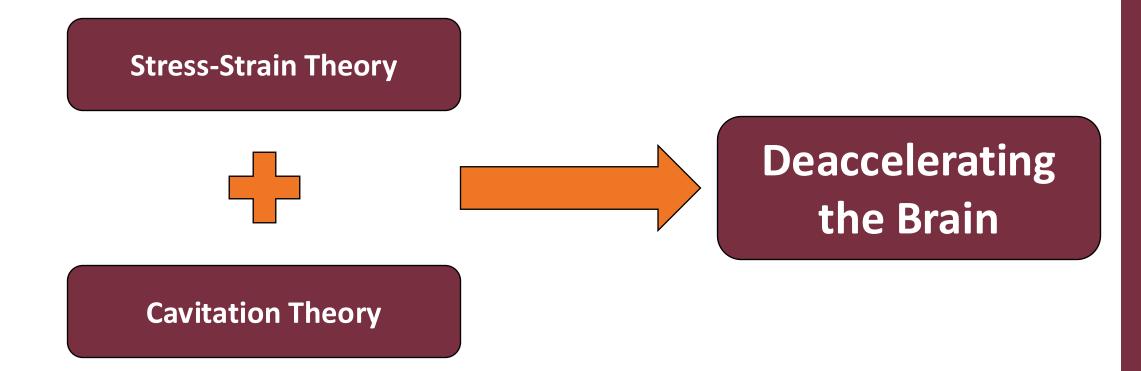
#### **Cavitation Theory**

- Tensile force > Tensile strength of liquid.
- Microscopic bubbles implode and release large amounts of energy.





#### **Stress-Strain vs. Cavitation**





## **Design Goals and Targets**

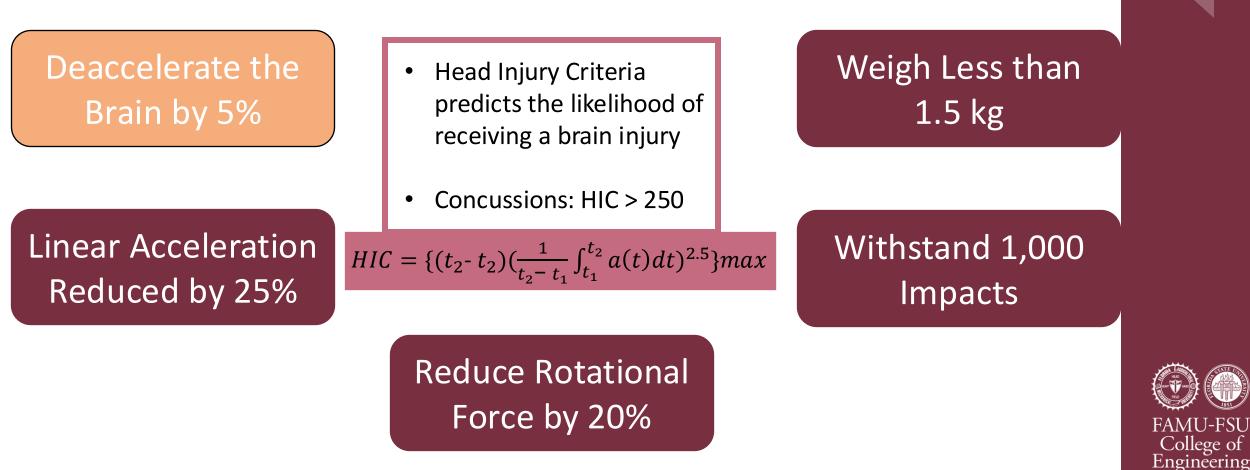
Deaccelerate the Brain by 5% Weigh Less than 1.5 kg

Linear Acceleration Reduced by 25% Withstand 1,000 Impacts

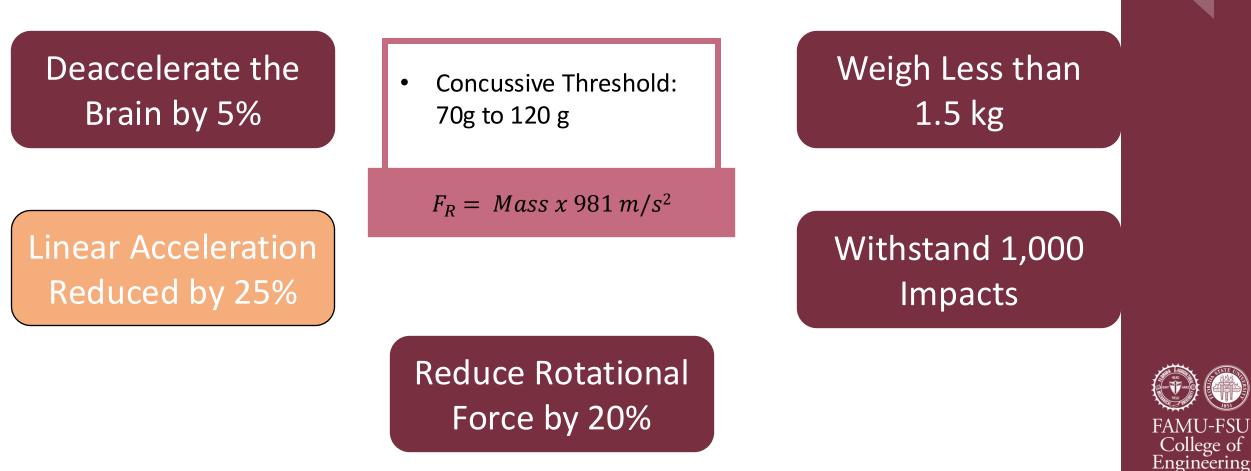
Reduce Rotational Force by 20%



## **Design Goals and Targets**



## **Design Goals and Targets**



## **Design Goals and Targets**

#### Deaccelerate the Brain by 5%

Linear Acceleration Reduced by 25% Concussive Rotational Acceleration Threshold-4500 to 6000 rad/s<sup>2</sup>

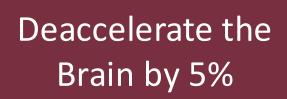
$$a_r = \sqrt{a_x^2 + a_y^2 + a_z^2}$$

Reduce Rotational Force by 20% Weigh Less than 1.5 kg

#### Withstand 1,000 Impacts



## **Design Goals and Targets**



Linear Acceleration Reduced by 25%



Reduce Rotational

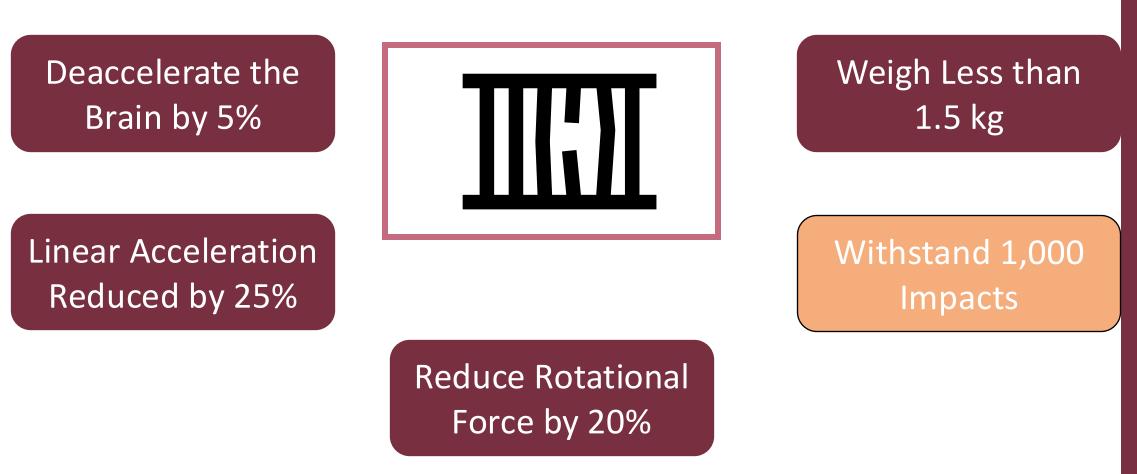
Weigh Less than 1.5 kg

Withstand 1,000 Impacts

> FAMU-FSU College of Engineering

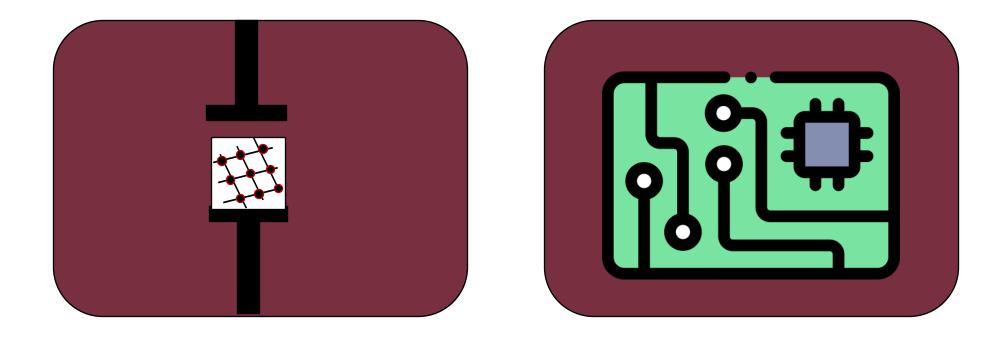
Force by 20%

## **Design Goals and Targets**





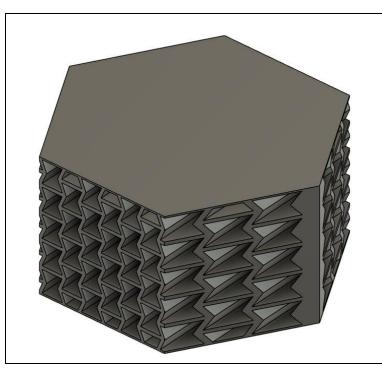
# **Proposed Solution**





# **Current Auxetic Foam Design**

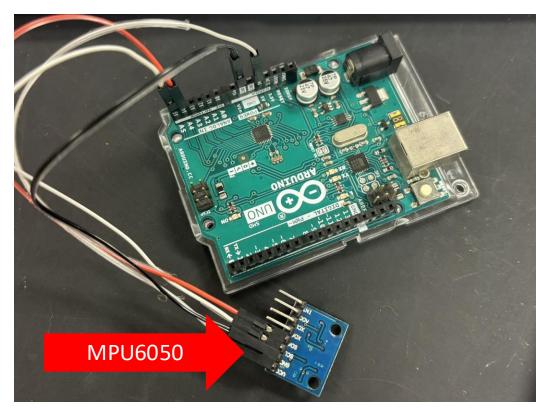
- Honeycomb hourglass structure
  - 3D printing with stereolithography (SLA) technology
  - $\circ$  Flexible 80A resin
  - $\,\circ\,$  Light weight profile
- Hexagonal auxetic foam structure
  - $\,\circ\,$  Negative Poisson's ratio
  - Enabling lateral expansion during impact deformation





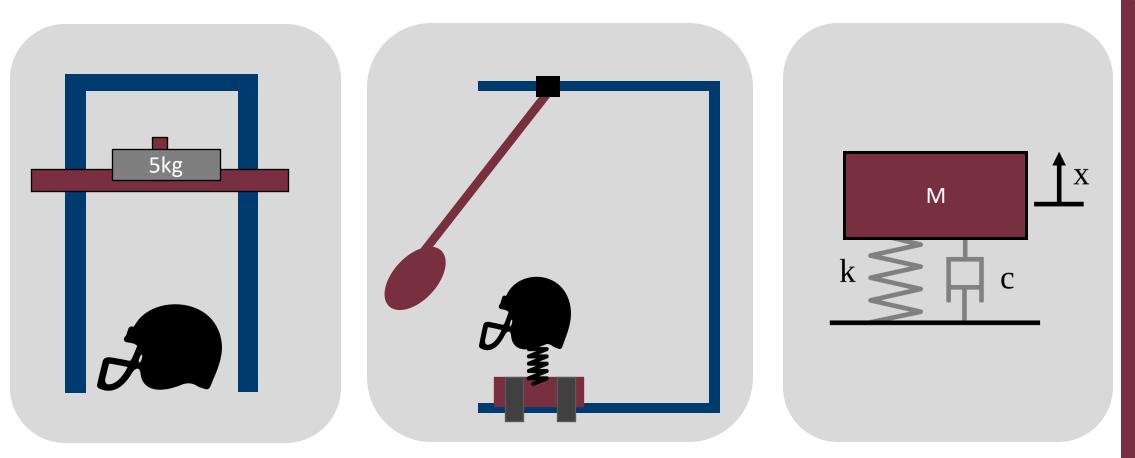
# **Impact Monitoring Sensor**

- Alerts coaches and trainers to highimpact events, for immediate injury assessments
- Understanding linear and rotational impacts
- <u>Concussive Thresholds:</u>
  - $\circ$  Linear Acceleration- 70 to 120 g
  - $\odot$  Rotational Acceleration- 4500 to 6000 rad/s²





## **Material Testing**





**Riley Stroth** 

#### **Drop Test – Failures and Successes**







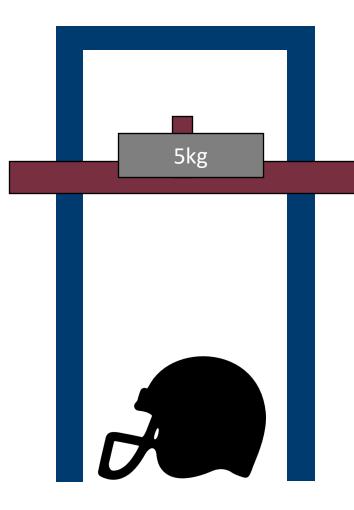
Load Cell

Arduino & Circuit



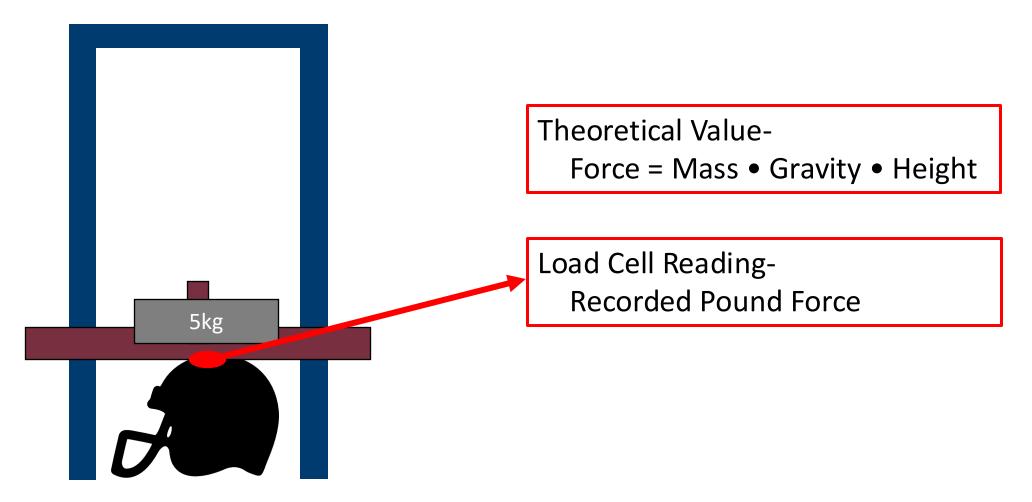


#### **Drop Test – Failures and Successes**



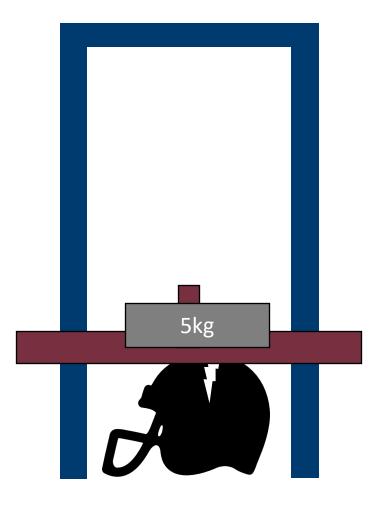


#### **Drop Test – Failures and Successes**





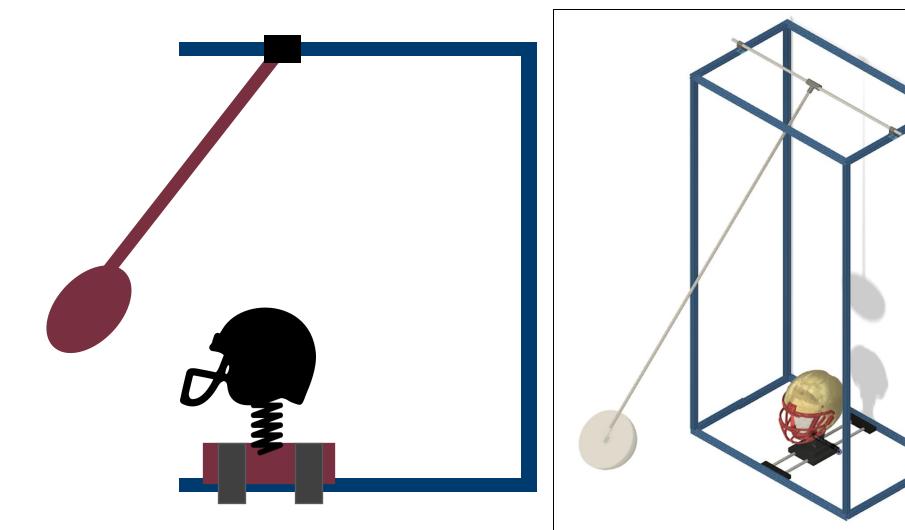
#### **Drop Test – Failures and Successes**







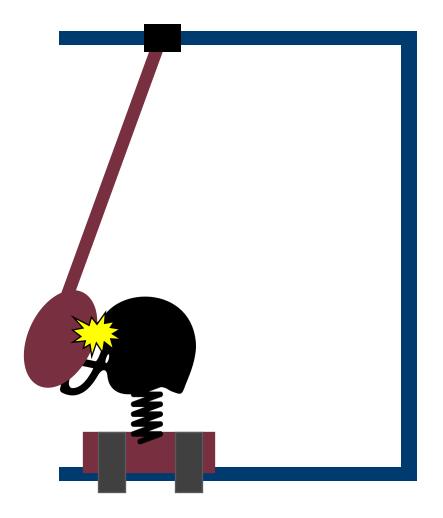
#### **Pendulum Impact Test**



**Riley Stroth** 



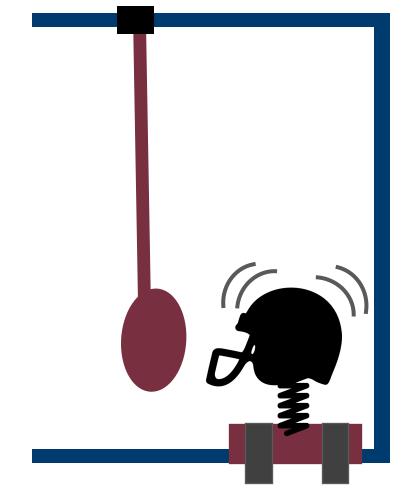
#### **Pendulum Impact Test**



FAMU-FSU College of Engineering



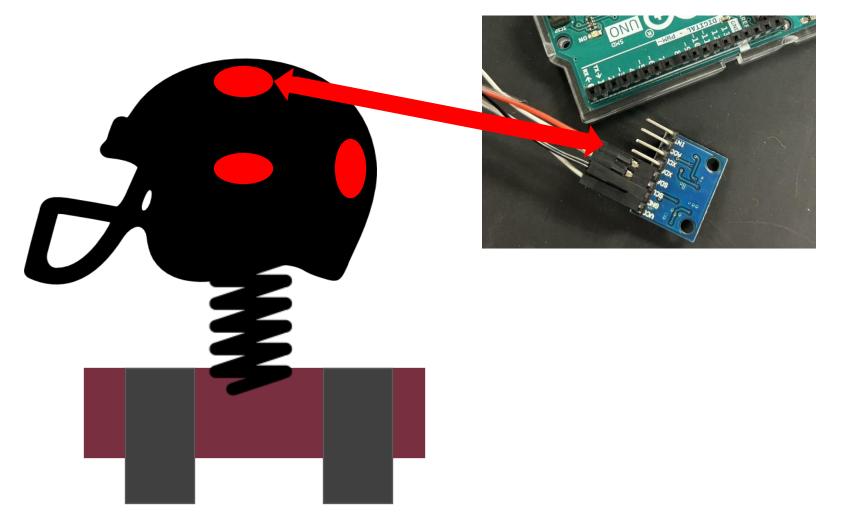
#### **Pendulum Impact Test**



FAMU-FSU College of Engineering

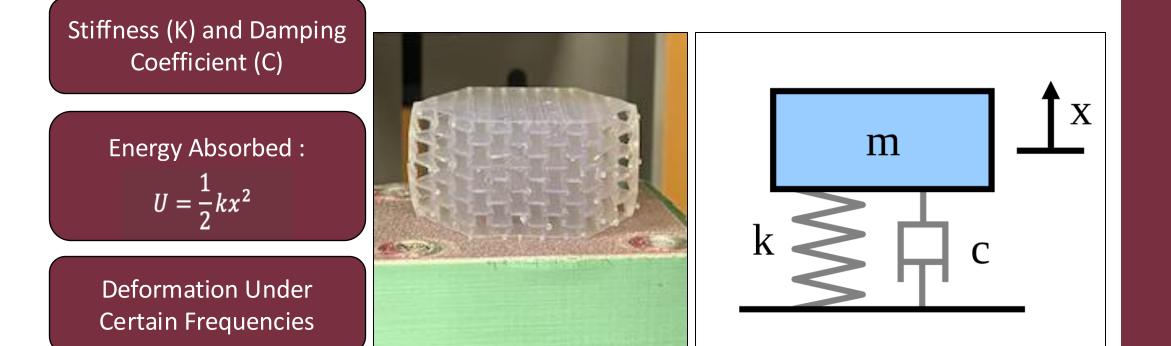
**Riley Stroth** 

#### **Pendulum Impact Test**





## **Material as a Spring**



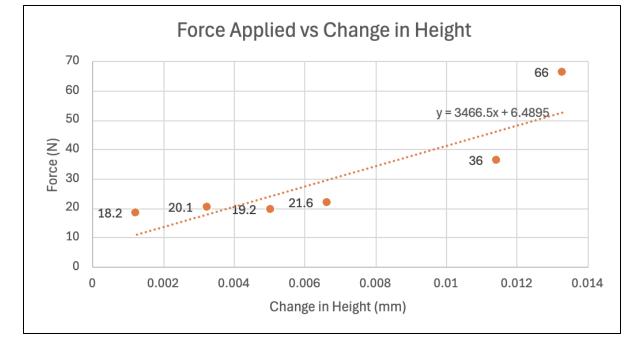
Theoretical Acceleration

FAMU-FSU College of Engineering

**Riley Stroth** 

#### **Material as a Spring**

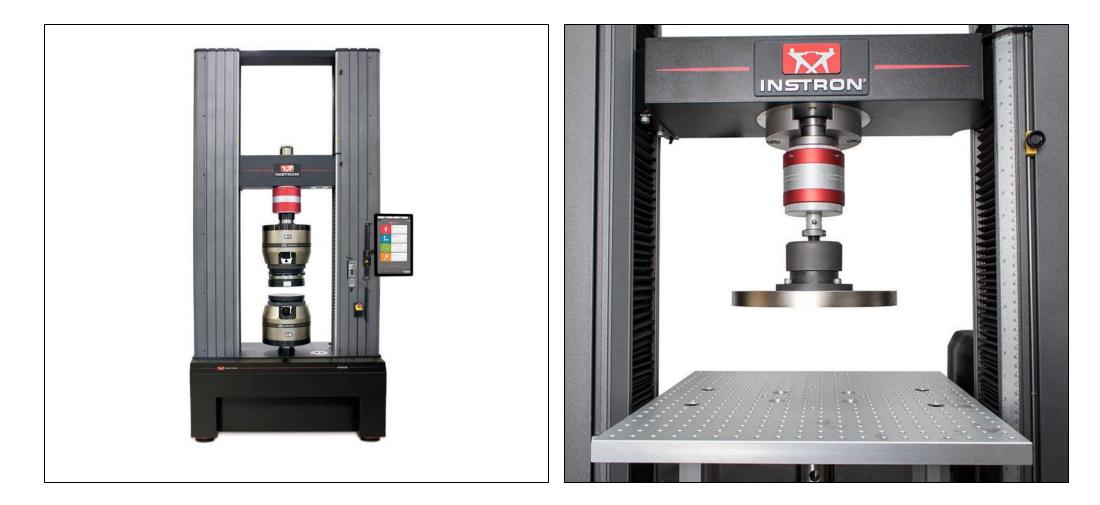
- Stiffness of 3466.5 N/m
- Treated the material as a linear spring
- Not considering damping







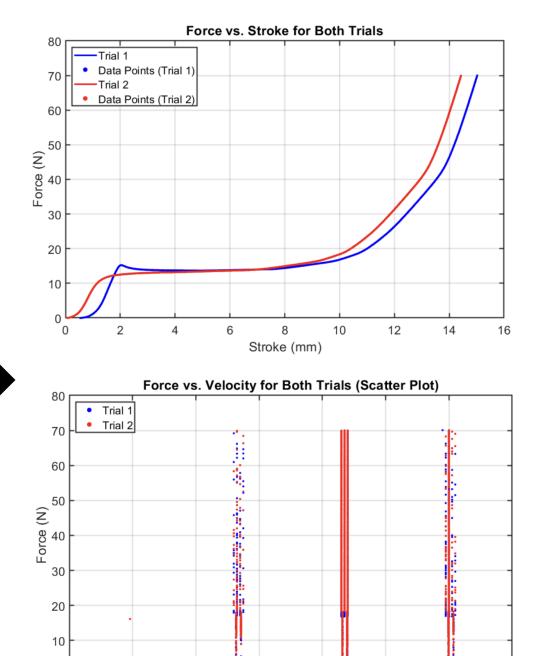
## **Material as a Spring**





#### **Material as a Spring**





0.008

0.01

0.012

0.014

0.016

Velocity (mm/s)

0.018

0.02

0.022



**Riley Stroth** 

### **Material as a Spring**

- Kelvin Voigt Model
  - $\circ$  Viscoelastic material
  - $\,\circ\,$  Spring and Damper in Parallel

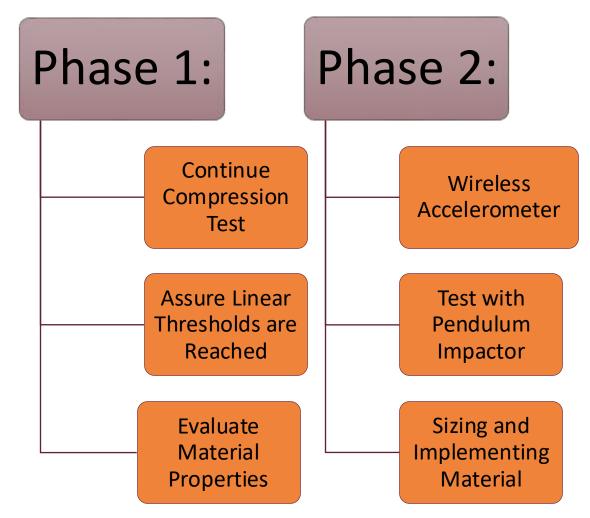
Based on Compression Instron Test:

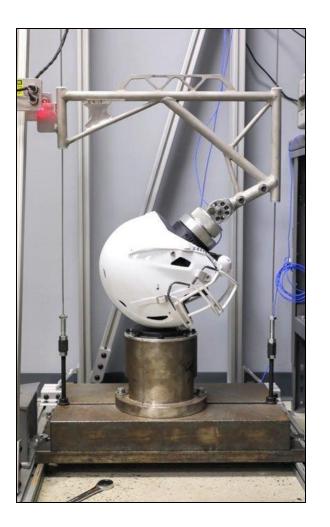
	Spring Constant (K)	Damping Coefficient (C)
Trial 1	1087.4 N/m	319 x 10 <sup>5</sup> N∙s/m
Trail 2	251.9 N/m	109 x 10 <sup>5</sup> N∙s/m





## **Future Work**







#### **Riley Stroth**

#### References

Gross, A. G. (1958). A new theory on the dynamics of brain concussion and Brain Injury. *Journal of Neurosurgery*, 15(5), 548–561. https://doi.org/10.3171/jns.1958.15.5.0548

- Wright, R. M., & Ramesh, K. T. (2011). An axonal strain injury criterion for traumatic brain injury. *Biomechanics and Modeling in Mechanobiology*, 11(1–2), 245–260. <u>https://doi.org/10.1007/s10237-011-0307-1</u>
- Östh, J., Bohman, K., & Jakobsson, L. (2022). Head injury criteria assessment using head kinematics from crash tests and accident reconstructions. *Traffic Injury Prevention*, 24(1), 56–61. <u>https://doi.org/10.1080/15389588.2022.2143238</u>
- Deck, C., & Willinger, R. (2008). Improved head injury criteria based on head fe model. *International Journal of Crashworthiness*, 13(6), 667–678. https://doi.org/10.1080/13588260802411523
- Kulkarni, S. G., Gao, X.-L., Horner, S. E., Zheng, J. Q., & David, N. V. (2013). Ballistic helmets their design, materials, and performance against Traumatic Brain Injury. *Composite Structures*, 101, 313–331. <u>https://doi.org/10.1016/j.compstruct.2013.02.014</u>
- Corona radiata: Radiata, white matter, brain anatomy. Pinterest. (2020, February 11). <u>https://in.pinterest.com/pin/614459942896848304/</u>

Cavitation gifs. WiffleGif. (n.d.). https://wifflegif.com/tags/386612-cavitation-gifs?page=0

Cecchi, N. J., Callan, A. A., Watson, L. P., Liu, Y., Zhan, X., Vegesna, R. V., Pang, C., Le Flao, E., Grant, G. A., Zeineh, M. M., & Camarillo, D. B. (2024, October). *Padded helmet shell covers in American Football: A comprehensive laboratory evaluation with preliminary on-field findings*. Annals of biomedical engineering. <u>https://pmc.ncbi.nlm.nih.gov/articles/PMC10013271/#Sec2</u>

O'Connor, K. L., Rowson, S., Duma, S. M., & Broglio, S. P. (2017, March). *Head-impact-measurement devices: A systematic review*. Journal of athletic training. https://pmc.ncbi.nlm.nih.gov/articles/PMC5384819/

